The Dose

APhA-ASP: Annual Convention

**JT Fanning.**  
APhA-ASP President.

This is certainly an exciting time to be a member of the University of Florida’s APhA-ASP chapter. February and March have provided a flurry of activity and honors on both local and national levels. At the beginning of February, our SPAN Liaison, Jeanette Connelly, took on the task of raising funds for the APhA Political Action Committee. The school raising the most money from students with matching donations by practicing alumni was to be honored at the annual Political Leadership Breakfast. UF won the challenge and was responsible for almost half of the total funds raised by 36 participating schools. Representatives from each campus were recognized with a plaque and served breakfast at the opening of the breakfast.

To continue on with the excitement surrounding The APhA Annual Meeting, UF received a host of awards and recognition while in New Orleans March 9-12. In addition to

**FSHP: TOURS & GUEST SPEAKERS**

**Peter Fossee.**  
FSHP President.

Upon coming back from a relaxing, well-deserved Spring Break, FSHP hit the ground running and has finished the spring semester strong. We have had some great events these past couple months including: a Multi-Organizational Screening at Pinecrest Place with FSHP’s Brown Bag Team, Bay Pines VA Tour, and a number of very informative guest speakers.

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**Editor’s Note**

Spring is a very exciting time of year in the COP. Our 3PD’s have left the nest to begin a year of rotations and new experiences, while our 4PD’s returned home to prepare for graduation. Last year when the 4’s returned, I kept hearing people say how mature, professional, and experienced they had all become. As a 1PD, I didn’t know any of the 4PD class prior to their return to campus. I thought to myself, “yes, I’m sure they’ve changed a bit, but really how much?” It wasn’t until this year as a 2PD that I understand the transformative process that takes place during rotations. As an incoming 1PD, the class of 2012 were the “senior students” on campus. They welcomed us at orientation, helped us find the right organizations to join, and provided us with a great deal of advice. When the class of 2012 left for rotations, it reminded the rest of us how close we were to finishing up another year.

Now, let’s fast forward to present day. Many of my classmates had not seen the 4PD’s in about a year, but we’d heard some amazing stories. Some 4PD’s had assisted on organ transplants, went on global health outreach trips, and experienced aspects of pharmacy my class didn’t even know existed. The class of 2012 has returned with a new sense of confidence that can only come from real world experience. As a 2PD, this is both exciting and inspiring to witness.

Class of 2012, thank you for all you have done for our campus. You all are leaders that inspire the rest of us to keep pushing along on our own journey through pharmacy school. We wish all of you the very best in wherever your career path takes you.

-Jeanette Connelly  
Student Council Vice President  
j.connelly@ufl.edu

[Continued on page 2]
FSHP: TOURS & GUEST SPEAKERS

Our guest speaker JoAnn Chambers-Emerson from the Florida Poison Information Center spoke to us about substance abuse trends and poison prevention. She informed us about the more dangerous chemicals that children may swallow, the rise in bath salt abuse, and coral snake antivenom shortages.

Some of our other events have included: Bay Pines VA Tour, MacDill Air Force Base Pharmacy Tour, Ronald McDonald House Breakfast, and Residency Showcase. As you can see, FSHP is not just about hospital pharmacy. It’s about giving pharmacy students the opportunity to explore other less common areas of pharmacy, such as the Poison Center, MacDill Air Force Base pharmacy, the VA, nuclear pharmacy, among many others, and it’s about serving our community. It’s never too late to get involved! Check out the meeting minutes on the Sakai discussion board, if you would like more details about our events.

Congratulations are in order for our January Chairs of the Month (Kalina Nakamoto and Amanda Tse) and February Chairs of the Month (Eileen Jung and Abigail Russell). It is because of their hard work that FSHP is able to provide worthwhile events to FSHP members. In the future, perhaps one of you may become our Member or Chair of the Month.

Finally, we would like to give a very special thank you to the 4PD students who will be graduating shortly. They have worked hard in their studies and in the student organizations these past four years. Specifically, we want to mention Kristy-Marie Sowerby and Megan Lawman, our past President and Vice-President, who helped to shape and mold FSHP into what it is today. We know they are going to go off and do great things in pharmacy. Thank you all for your hard work and dedication.

KAPPA EPSILON: THE CHANGING OF THE GUARD

Kevin Pham
KE Secretary

Hey there! Here’s an update on what’s been going on with Kappa Epsilon the past two months in case you’ve been too busy. We had a changing of the guard at the KE Officer Transition Ceremony during February’s meeting. In March, the 3PD Farewell Social was held at Cha Cha Coconuts at The Pier. Thanks to Ben Jacob for setting up such a spectacular social.

Congratulations to the winners of the 3PD Superlatives: Former Madame President Allie Capristo: Most KE spirit and being most likely to bring cheer to our hearts and make us laugh. Ken Castro: You’re not just the best dressed guy but also a beast on the dance floor. Danielle Honein: The most elegantly dress gal. Richard Aramini: for most likely to post about his cat on Facebook. Jessa Maltz: for ironically being both most athletic and also least likely to show up on time. Rachel Cullimore: for most likely to surf the web instead of watching lectures. Steve Kareka: for being the person who I’d want most as my pharmacist. We wish the best to all the 3PD’s going off to their rotations. Godspeed.

I’m sure you’re familiar with all the great volunteer work KE has been doing lately. First of all, we attended the Pinecrest screening and talked to patients about breast cancer self-testing and awareness. Also, we made some rockin’ no-sew fleece blankets for victims of domestic violence in the community. Our “Drink for Pink” social event was March 28th at Bishops, and was very successful. Donations were accepted at the entrance and a percentage of drink sales were donated to a breast cancer foundation.

Lastly, I would like to wish all the graduating 4PD’s the best of luck on behalf of all KE brothers and sisters. Peace.
SNPHA: MEET OUR NEW CHAIRS

Jennifer Simmons
SNPhA Correspondence Chair

Happy April Everyone! We’re a few weeks out from the end of the semester and SNPhA is aiming to finish this school year strong! On the calendar for this month is a beach clean-up/hang-out day, multiple guest speakers, and a “dance your heart out” Zumba class in support of National Stroke month. There is also an Organ Donation Awareness screening scheduled for mid to late April. There are plenty of opportunities to get involved with SNPhA before the end of the school year, and your participation is needed and desired! Separate emails regarding each of these events will be sent to all students throughout the month, so keep your eyes peeled for more details. Though April is the last month of the semester, it is the first month of action for three SNPhA members. Three new chair positions were filled in late March. Erin Jacks is the new Operation Immunization Chair, Jigar Patel is the new Diabetes Initiative Chair, and Ashley Rowand is the new Legislation/Voting/Immigration Initiative Chair. Congratulations Erin, Jigar, and Ashley, and we look forward to your leadership in the coming months!

The school year may be over at the end of this month, but there is still an opportunity for SNPhA members to stay connected during the summer. SNPhA’s National Conference will be held on July 20th – 23rd in Las Vegas, Nevada. This year’s conference promises to deliver education and fun in one of the country’s most dynamic cities.

As the rest of us approach the beginning of our summer, the 4th year students are approaching the beginning of the rest of their lives. The UF College of Pharmacy 2012 graduation ceremony is scheduled for Monday, May 7th at 2pm. Congratulations to all 4PDs on your upcoming commencement ceremony – we wish you luck in your future endeavors.

Thank you everyone for all your hard work this school year! We hope you all have a great summer!

KAPPA PSI: THE TRADITION LIVES ON IN ST. PETE

Jaimin Patel
Kappa Psi Representative

What had been a vision for fifteen students over some months finally came to fruition in February when they became brothers of the oldest and largest pharmaceutical fraternity, and founded our chapter of Kappa Psi.

Kappa Psi pharmaceutical fraternity, stems from the four pillars of fellowship, industry, sobriety and high ideals. We support all projects that advance the profession of pharmacy, and actively participate in them to inspire a deep and lasting pride in the fraternity and in the profession of pharmacy.

In the transition period, we were pushed to exemplify the four pillars as well as better ourselves, our group and serve the community. Through socials and pledge meetings, we have gotten to know brothers from around the nation. Our volunteering efforts at the St. Vincent De Paul thrift store, and our island clean up were great successes. We are beginning to get involved at the Palms of Largo nursing home to spend time with the residents and give them companionship. We also attended the multicultural screening set up by ASP where we took blood sugars, blood pressures, and educated patients on their health. The compounding workshop at Bill’s Prescription Center was also very valuable. We were privileged to be able to attend the Kappa Psi Winter Conclave, a meeting of brothers from Alabama, Florida, and Georgia, where we attended leadership workshops, social events and met brothers who are students and licensed pharmacists.

So from Thierry Phouthavong, Aaron Joseph, Chris Fronczek, Jigar Patel, Hiren Shah, John Noriega, Jaimin Patel, Nick Reynaud, Harold Pyon, Hieu Pham, Michael Simpson, Kevin Frye, Mark Wilson, Michael Day, and Jeffrey Butzin we are ecstatic to be on campus and look forward to working with all the organizations, students and faculty.
the PAC Fundraising Challenge award, UF was also awarded as the National Outstanding IPSF Chapter and the Region 3 Outstanding Heartburn Awareness Chapter. We received an honorable mention for our 2012 PharmFlix submission, “Student Pharmacists: A Collective Story,” which was produced right here on the St Pete campus. Our own Donna Rivera was awarded the Phi Lambda Sigma-Glaxo SmithKline – AFPE First Year Graduate scholarship to continue her education in pursuing a Ph.D. after completing her PharmD this year. Our Senior Associate Dean for Professional Affairs, Dr. Michael McKenzie, was also recognized by PLS as the 2012 Outstanding Chapter Advisor. Dr. Carole Kimberlin was granted the APhA-ARSP Research Achievement Award. And finally, our Dean, Dr. William Riffee, was elected as the 2012-13 APhA Speaker of the House. Thirteen students from the St Pete campus attended the weekend convention over Spring Break and returned with a lot of excitement and are ready to make the coming year an even greater success.

Here at home, our chapter’s activity has continued at a break-neck pace as well. Over the past two months we held multi-organizational screenings at the Pinecrest Senior Living Facility and the Seminole Public Library. We partnered with LECOM student pharmacists for an Operation Heart and Operation Diabetes screenings, we held a Poison Prevention and GenerationRx presentation at Azalea Elementary, and we participated in the JDRF Walk to Cure Diabetes at Fort DeSoto Park. A special thank you to all of our chairs and members who have worked so hard to make these events successful.

March also saw the return of our 4PD students to campus. This time of year always brings the excitement of seeing our colleagues after the completion of their rotations. They are brimming with confidence and anticipation as they eye the end of their educational journey. For the 1PD’s, it is a first glimpse into the future. For the 2PD’s, it marks the rekindling of friendships that have been absent for twelve long months. But for everyone, it is a time to look to the future and imagine the exciting changes that can take place over the span of a few short years. To our graduating colleagues: thank you for your leadership, your professionalism, and your successes that have carried on a great tradition and paved the way for those who follow behind. We celebrate with you and wish you the greatest of success. Please have a safe and enjoyable summer.
As this is the last article I will be writing this year, I’ll try to spice things up. See how many adjectives to the word ‘happy’ you can find in today’s article! A prize will be awarded to absolutely no one!

Readers, you may have noticed a new batch of blithe faces inhabiting our little building. Fresh off of rotations, these 4PD’s are bringing in a bright energy that literally makes me nauseous. Not literally, I’m fine. But you know what I mean. Anyway, you also may have noticed that these eternal optimists cannot be brought down to our level of anguish and depression. “What makes them so gosh darn cheery?” you may ask (and they say there is no such thing as a dumb question).

Come May 7th, this group of sunshine-filled student-pharmacists will lose the ‘student’ in that title. This will mark the end of four very….very…..VERY long years and the beginning of a new chapter in their sure-to-be successful lives. But they don’t have gloat so much! Honestly, their care-free attitude before a recent exam made ME uneasy. Take your unrelenting elation elsewhere!

All kidding aside, congratulations are in order for the Class of 2012. We all wish you the best in your future endeavors. It must feel great to have escaped this rigorous program alive. And I am NOT envious at all. Not one bit. And the correct answer to today’s challenge is 7… plus 50 minus 13 multiplied by 4 minus 47 plus 116 divided by 5…and then take the square root. Merry Summer Vacation everyone!

Matt Sushil
Sports Club Vice President.

Hey there Sport’s Clubbers! Just in case you were too preoccupied cramming or virtual forming on Facebook, here’s a little recap of what y’all missed. The Sports Club Spring Picnic Classic was an excellent turnout and set the bar high for next year. Special thanks to our SC President Bienz for organizing the games of the event. The arduous, hard-core challenges included the 3 legged race, water balloon toss, egg on a spoon relay, neck orange, and dizzy bat. Thanks to all the competitors that risked life and limb to participate in the dangerous games. Congrats to our champions Hiren Shah and Nick Reynaud, their names will forever be immortalized in legend. We had an excellent turnout at our last sporting events which included football, basketball, and beach volleyball. Everyone had an awesome time; too bad for those that missed out. “It was fun; it was real; it was real fun.” Have you gone to a recent Sports Club event? What better way of getting back into shape and losing that beer-belly than by showing up and getting active with Sports Club? Besides the conventional basketball, football, and volleyball, we’ll also be considering other activities such as racquet ball, rock-climbing, and mud-running. If you have any suggestions, particularly those that are relatively fun, affordable, and convenient, feel free to talk to any of the Sports Club committee members, Will Bienz, Matt Sushil, Jigar Patel, or Kevin Pham.

Due to budget cuts and safety concerns, equestrian, yacht racing, and bare-knuckle boxing will not be on our agenda in the near future.

Also, a great big Sports-Club farewell goes out to the graduating 4PD’s. We hope you hold a special place in your heart for all those classic Sports Club moments. Live long and prosper. In the words of Pierre De Coubertin, founder of the International Olympic Committee and father of the modern Olympic Games, “Sport is part of every man and woman’s heritage and its absence can never be compensated for.” See you there in people-form. Peace.
Cindeline Fleurima  
**CPFI Vice President**

I would like to take the time to thank those that came to our first interest meeting of the year. It was a pleasure meeting all of you. We appreciate all of the feedback we received regarding future plans and ideas for Fall of 2012. Membership is still open, and there are leadership positions available for those of you who would like to take on an active role in this organization. If you have any questions please feel free to contact me (cfleurima@ufl.edu) or Edline Alexandre (ealexan2@ufl.edu).

Edline and I have many exciting things planned for next semester, and we look forward to you joining us as we allow God to truly develop this organization. Finally we would like to say farewell to the class of 2012. Your presence on this campus will truly be missed. We pray that God sends a multitude of blessings your way as you embark on your new career path!

God Bless

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Veronika Tikhonova  
**Student Council President**

Hello, people of the St. Pete campus. The semester has been pretty hectic. We said Goodbye to the 3PD’s and have welcomed our mature, “big fish” 4PD’s back. Don’t we all want to be in their shoes, honestly? There have been some changes since they left the school a year ago. We’re happy to have you back, although some of you did give us a hard time during academic rotations.

I would like to say thank you to the lovely sports club president and his devoted team. Because of you, our spring picnic was a blast. For those who missed it, well, they didn’t meet our wonderful sponsors from CVS and our guest Dr. Normann. Those who couldn’t make it missed out on some delicious BBQ and fantastic games provided by Sports Club.

I’m happy to introduce Ashley Rowand as the founder of St. Pete’s own Board of Design. The Board of Design will boost our imaginations for fundraising. So, please, when Ashley asks you to fill in a form or to take a part in a survey, please take the time to do it. Also, The Dose is now for sale. Not for you, people of the St. Pete campus, you still have and will always have it free online. It’s for your parents, relatives and friends that keep asking you, what on earth are you doing for four years in pharmacy school. Show them how amazing we are; show them things we are proud of. Ask Ashley for an annual subscription for The Dose.

The newest project Student Council is planning to work on is an interscholastic social event with our fellows from the USF and LECOM. We’ve contacted their Student Councils, and everybody agrees that healthy relations among our schools will be beneficial for all of us. The USF and LECOM students are invited to the Annual UF College of Pharmacy Ball that will take place on November 17, 2012. If they decide to attend, the event will grow into Tampa Bay PharmD Ball. Are you excited yet?

For now, I wish for everyone to make it to the end of the semester. Don’t forget about the End of the Year Social. Superlatives will be given out – don’t miss the fun. As always, the Student Council is open for suggestions how to improve our service for you.

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**CPF: A NEW BEGINNING**

Cindeline Fleurima  
**CPF Vice President**

I would like to take the time to thank those that came to our first interest meeting of the year. It was a pleasure meeting all of you. We appreciate all of the feedback we received regarding future plans and ideas for Fall of 2012. Membership is still open, and there are leadership positions available for those of you who would like to take on an active role in this organization. If you have any questions please feel free to contact me (cfleurima@ufl.edu) or Edline Alexandre (ealexan2@ufl.edu).

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God Bless
The St. Petersburg Difference

Emily Dutton
4PD Student.

Four years ago, I found myself anxiously awaiting the beginning of a new chapter in my life: Pharmacy School. I can honestly say that upon beginning this journey, I had no idea of the connections I would make with the members of the class of 2012. On the first day of orientation, I sat next to Jacob Henson and I believe I thought to myself, who is this crazy kid?! Little did I know that he, as well as many other classmates, would go on to become some of my nearest and dearest friends. Among those dear friends is Danielle Emery, who I grew to know during our many, oh so many, carpool drives to and from St. Petersburg. I cannot imagine not having her in my life. Most of the strongest connections were developed between cramming for exams, laughing over funny therapy moments, and catching up in Panera Bread. Would I have had the same connections if I had attended class in Orlando? Jacksonville? Gainesville? I honestly don’t think so...

I truly believe that there is a St. Petersburg difference. Our campus has repeatedly been described as the friendliest, most confident, closest campus. Why is this so true? Perhaps it has to do with our wonderful faculty and staff, being called to higher standards than other campuses are, or perhaps it has to do with our environment, being sunny and beautiful year round. It could be hundreds of factors, but I like to believe that the primary difference is the students themselves. When talking to students from other campuses, I find other student bodies to be in such contrast with our own. While cliques can’t be entirely avoided, I have noticed that in our class there is no great divide. Everyone seems to not only get along with their classmates, but also to respect each other and have a true interest in the each other’s well being. As each class moves closer to graduation and the eventual, unavoidable, separation from each other, there is no doubt that these bonds will be proven.

As the class of 2012 is now facing the daunting task of simply finishing, I can assure you of at least one thing: wherever they go, whatever they do, the UF COP St. Petersburg class of 2012 will always be looking out for each other, making sure to continue our friendships throughout our careers and our lives. Graduates of 2012: I am honored to call you my fellow classmates, but I am more honored to call you my friends.
RHO CHI: INDUCTIONS

Heather Good
Rho Chi Vice President.

Each year pharmacy students’ academic achievements are evaluated for inclusion into Rho Chi. Currently, UF considers students who have completed at least half of their academic course work and those who are in the top twenty percent of their graduating pharmacy class for induction into Rho Chi. A formal induction ceremony is held where new members pledge to uphold the mission and objectives of the Rho Chi Society. This year, University of Florida, Iota Chapter had eleven inductees from the St. Petersburg campus. These inductees are now the intellectual leaders at St. Petersburg and will be offering free tutoring services to pharmacy students on our campus.

This coming year our chapter wants to expand its efforts and reach out to the community. After attending the APhA-ASP Annual Conference in New Orleans, our chapter learned that we can be recognized nationally for our achievements. Along with fellow Rho Chi members in Gainesville, we are attempting to increase our involvement by initiating education projects in our local communities thereby providing needed services/education and in hopes of winning “Most Improved Chapter” at next year’s APhA-ASP Annual Meeting.

As mentioned previously, this honor and recognition was extended to eleven St. Petersburg campus Class of 2014 students. This achievement came after a long one and a half years of blood, sweat, tears and studying. Help me welcome and congratulate the newest members inducted into the Iota Chapter of Rho Chi: Scott Allen, Britney Bisio, Michael Brito, Cale Courtney, Heather Good, Eileen Jung, Randi Krouskos, Paul Novotny, Danielle Suaro-Veltri, Karin Thatcher, and Alyssa Torgerson.