Problem 1 (Digoxin)

R.J. is a 50-year-old, 70-kg man (non-obese) and has a serum creatinine of 1.2 mg/dL. Calculate a maintenance dose at steady state that will achieve an average digoxin plasma concentration of 750 ng/L.

a. Develop a dosing regimen assuming that digoxin is available in tablets of 125-μg and 250-μg.

b. You decided to give 125-μg and 250-μg tablets on alternate days for an average dose of 187.5 μg/day. Four weeks later, R.J. is started on long-term medication with quinidine sulfate tablets. Would you have to adjust his dosing regimen? If yes, calculate a new maintenance dose and recommend a new dosing regimen.

Problem 2 (Methotrexate)

J.J. is a 25-year-old, 80-kg (non-obese), man with a serum creatinine of 1.0 mg/dL. He has osteonic sarcoma and is to receive 30g IV methotrexate (MTX) infused over 4 h. Calculate the anticipated MTX concentration (in μM) at the end of the 4h infusion, 12h after the start of the infusion, and 48h after the end of the infusion. A sketch of the expected plasma-concentration-time profile may be helpful to answer this problem.

Problem 3 (Theophylline)

J.P., a 126-kg (total body weight), 6’1” tall, 56-year-old man, is seen in the emergency department with asthma that is unresponsive to inhaled bronchodilators and epinephrine.

a. Estimate an IV loading dose and maintenance dose (expressed as dosing rate) of theophylline that will produce a theophylline concentration of 10 mg/L. J.P. suffers from CHF and smokes 2 packs of cigarettes a day.

b. J.P. could finally be convinced to stop smoking and lost 30kg. How would you have to adjust his loading dose and maintenance dose (expressed as dosing rate)?
Problem 4 (Theophylline)

J.D. is a 2-year-old, 9 kg male child in the hospital who is placed on a theophylline drip at 1 g/kg/hr after first receiving a 5 mg/kg bolus at 1 pm. The infusion is discontinued at 7pm. Plasma concentration samples were obtained at 2pm and 8pm. Could you use the Chiou-equation to estimate his clearance? Explain why or why not.

Problem 5 (Lidocaine)

R.I., a 65-year-old, 70-kg man (non-obese), was admitted with a diagnosis of cirrhosis. On the fourth day, he developed ventricular arrhythmias, and lidocaine was ordered. He received an initial 60-mg bolus dose at 10am followed by 120-mg administered over the next 15 minutes (8 mg/min). At 11am he was to be given a 2 mg/min constant infusion. (Hint: A graph of the anticipated concentration time profile might be helpful to answer this problem)

a. Calculate his anticipated lidocaine concentration at the start of his maintenance infusion and at steady state.

b. Evaluate this dosing regimen based on therapy recommendations for lidocaine.